

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: **Introduction to Addictions**
CODE NO.: **HDG 110-3**
PROGRAM: **Correctional Worker**
SEMESTER: **Four**
DATE: **January, 1991** Previous Date: **February, 1990**
INSTRUCTOR: **Ed Finn**

New: Revised: X

Approved: **CJ+**
Nadean Koch, Dean Date
Arts and General Education

Course: **Introduction to Addictions** - HDG 110-3

Instructor: Betty Brady

Credits: 3

Length: 45 hours

PHILOSOPHY/GOALS;

In this course the student will be introduced to the study of addictions. The class will explore general information about substances, their effects and the development of dependency. The impact of addiction on individuals, families and society will be examined. Treatment approaches and availability of resources will be discussed.

**STUDENT PERFORMANCE
OBJECTIVES:**

Upon successful completion of this course, the student will be able to:

1. Discuss the nature of dependency including
 - a) types and effects of substances
 - b) theories of addiction
2. Identify the impact of addiction on individuals and their families.
3. Discuss current social issues involving substance abuse.
4. Identify treatment approaches and local resources addressing addiction problems.

Introduction to Addictions

COURSE NAME

HDG 110-3

CODE NO.

TOPICS TO BE COVERED; A

1. Drugs, their types and effects.
2. Development of dependency: stages and characteristics
3. Theories of addiction
4. Impact of addiction on the addicted
5. Impact of addiction on: children, parents, spouses, adult children, society
6. Co-dependency
7. The adult child
8. Social Issues such as: Legalizing drugs
Drug testing
Crack babies
Crime and violence
9. Treatment
10. Resources

Introduction to Addictions
COURSE NAME

HDG 110-3
CODE NO.

LEARNING ACTIVITIES

1. Examining types and effects of drugs and Theories of addiction

Impact of addiction:

- individual
- families
- society

Social Issues

Treatment and Resources

REQUIRED RESOURCES

- films, tapes, lectures, guest speakers, overheads, articles and discussions

- films, overheads, lectures, guest speakers, articles, discussion and tapes

lectures, articles, discussions and use of other resource material

field trips, guest speakers, articles, overheads and lectures

EVALUATION METHODS;

Presentation	20%
Book Report	20%
Test #1	20%
Test #2	15%
Test #3	15%
Participation	10%
Total	100%

Introduction to Addictions

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HDG 110-3

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EVALUATION

1. Seminar Presentation is a requirement on any topic related to the area of addictions. It will require research and then presentation of information.
2. Book Report is a requirement of the course on a book related to addictions. The length of the book report should be 1,200 or 1,500 words. It should include a discussion of the book but also the reader's feelings and thoughts about the issue and the book.
3. Three tests will be given in this course. The first will discuss information on substances and family issues. The second will involve social issues and treatment. The third will be one on one during the course.
4. Class participation is a requirement of the course. Students are expected to participate in class discussions, activities and complete assignments on time.

REQUIRED STUDENT RESOURCES:

A book related to addictions. Some suggested books to select from:

It will never happen to me! Claudia Black

Tomorrow I'll Quit, Vernon Johnson

The Cracker Factory, Joyce Rebeta-Burditt

I'm Dancing as Fast as I Can, Barbara Gordon

Go Ask Alice, Anonymous

Women Who Love Too Much, Robin Norwood

My Name is Davy, I'm An Alcoholic, Ann Snyder

Dancing On My Grave, Gelsey Kirkland & Greg Lawrence

ADDITIONAL RESOURCES MATERIALS AVAILABLE:

These will be supplied by instructor.

SPECIAL NOTES

Students with special needs (eg. physical limitations, visual

impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.